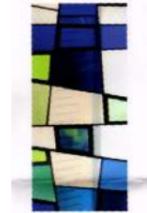


Lent 3
19 March 2017



A Prayer for Lent

O Lord and Master of my life,
Take from me the spirit of
Indifference,
Discouragement,
Lust for power
and empty speech.

Rather, grant to me your servant,
The spirit of chastity,
Humility,
Love
and patience.

O Lord and King, grant me the grace
to be aware of my own sins
and not to judge my neighbour;
for you are blessed now
and forever. Amen.

St Ephraim.

At Worship Today

<p>Prayer of the Day O God, the fountain of life, to a humanity parched with thirst you offer the living water that springs from the Rock, our Saviour Jesus Christ: stir up within your people the gift of your Spirit, that we may profess our faith with freshness and announce with joy the wonder of your love. We ask this through our Lord Jesus Christ, who lives and reigns with you in the unity of the Holy Spirit one God, for ever and ever. Amen.</p>	<p>7.45 am Book of Common Prayer Presiding: Revd Dianne Preaching: Revd Kathryn Hymn: 499</p>
	<p>10.30 am Contemporary Eucharist: Presiding: Revd Dianne Preaching: Revd Kathryn</p>

*The Sanctuary bell will be rung 5 minutes before the service begins
 to observe a time of quiet.*

9.00 am	A Prayer Book for Australia – page 119
Presiding at the Eucharist:	Revd Dianne
Musical Setting:	St Alban's Mass - Dianne Gome
Introit:	Hymn 464
Sentence:	God proved his love for us: that while we still were sinners Christ died for us.
First Reading:	Exodus 17.1-7
Gradual:	Hymn 121
Second Reading:	Romans 5.1-11
Gospel:	John 4.5-15
Sermon:	Revd Kathryn
Intercessor:	Revd Kathryn
Offertory:	Hymn 499
Recessional:	Hymn 653

People of all Christian Churches, who are communicants of their own church
 are invited to share Holy Communion with us.

First Reading: Exodus 17.1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. ²The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" ³But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" ⁴So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." ⁵The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. ⁶I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. ⁷He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, "Is the Lord among us or not?"

Second Reading: Romans 5.1-11

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, ²through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. ³And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, ⁴and endurance produces character, and character produces hope, ⁵and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. ⁶For while we were still weak, at the right time Christ died for the ungodly. ⁷Indeed, rarely will anyone die for a righteous person--though perhaps for a good person someone might actually dare to die. ⁸But God proves his love for us in that while we still were sinners Christ died for us. ⁹Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. ¹⁰For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. ¹¹But more than that, we even boast in God through

our Lord Jesus Christ, through whom we have now received reconciliation.

Gospel: John 4.5-42

⁵So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. ⁶Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. ⁷A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." ⁸(His disciples had gone to the city to buy food.) ⁹The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) ¹⁰Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." ¹¹The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water?" ¹²Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" ¹³Jesus said to her, "Everyone who drinks of this water will be thirsty again, ¹⁴but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." ¹⁵The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." ¹⁶Jesus said to her, "Go, call your husband, and come back." ¹⁷The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; ¹⁸for you have had five husbands, and the one you have now is not your husband. What you have said is true!" ¹⁹The woman said to him, "Sir, I see that you are a prophet. ²⁰Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem." ²¹Jesus said to her "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²²You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. ²⁴God is spirit, and those who worship him must worship in spirit and truth."

²⁵The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." ²⁶Jesus said to her, "I am he, the one who is speaking to you." ²⁷Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" ²⁸Then the woman left her water jar and went back to the city. She said to the people, ²⁹"Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" ³⁰They left the city and were on their way to him. ³¹Meanwhile the disciples were urging him, "Rabbi, eat something." ³²But he said to them, "I have food to eat that you do not know about." ³³So the disciples said to one another, "Surely no one has brought him something to eat?" ³⁴Jesus said to them, "My food is to do the will of him who sent me and to complete his work. ³⁵Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. ³⁶The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. ³⁷For here the saying holds true, 'One sows and another reaps.' ³⁸I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour." ³⁹Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." ⁴⁰So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. ⁴¹And many more believed because of his word. ⁴²They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world."

	= = = = = = = = = = = = = = =	
	The Ladies Guild	
	Opportunity Shop	
	The Ladies Guild will be manning the Lions	
	Opportunity Shop over the week 27 – 31 March.	
	Could you please sort out any goods that you may	
	have that would be suitable for sale and deliver	
	them to the shop **this Tuesday 21 March?**	
	(Tell the people there that they are from the	
	Anglican Parish of St Stephen and St Mary).	
	Janice Miller	
	= = = = = = = = = = = = = = =	

 **GalahKookEmu - This week**
Wednesday 22 March
 The 4th Wednesday of the month at 7.00 pm dinner/gathering off site at Mitcham. We explore how to follow the Benedictine way of life in today's world. www.monasteriesoftheheart.org. Visitors are always welcome. Contact Christine Mallouhi 0409 829 389.

Lent Easter Parish Magazine
 Named and printed copies of the Parish Magazine, for those who have requested hard copies, are now available in the Parish Centre.

2018 Israel Tour
 This is a reminder that forms must be filled out and deposits paid by the beginning of April at the absolute latest. See Dianne for more info.

From Your Assistant Curate
 Our readings throughout this week continue to remind us of our Lenten journey, and our reflections on Christ's journey towards the cross. This is an opportunity for us to reflect on Christ's sacrifice for us, and what we can do to make the lives of others around us a little better. It is a chance to review how we live as Christians. To look at the darker side of our own lives, and compare the darkness of human failings to the light of living faithful lives. Bishop Paul's first Bible Studies session on Wednesday spoke of Jesus' agitation and struggle praying in the Garden of Gethsemane, reflecting on what Jesus was facing, what he was going through, knowing that he approached crucifixion. Bishop Paul contrasted this with the experience of sitting with a person as they were dying, and how people who have lived lives of faith usually face death with calmness, even a sense of joy at the thought of what is ahead of them. This theme of preparation for the next life appears often in our Lenten readings, but we are also reminded to treat others as we would wish to be treated, with love. There will be another four evening sessions with Bishop Paul, on Wednesdays at 8pm. Please think about attending one or all - Bishop Paul is an engaging teacher and our first session provided great food for thought. *Revd Kathryn*

Holy Week and Easter Services 2017

Palm Sunday - 9 April 9.45am	THE LITURGY FOR PLAM SUNDAY (Joint Service & brunch)
Monday - 10 April 7.30pm	HOLY COMMUNION
Tuesday - 11 April 7.30pm	HOLY COMMUNION
Wednesday - 12 April 10am	SERVICE OF RECONCILIATION with Anointing and Holy Communion
8pm	HOLY COMMUNION Silence of the Lambs' - Bible study with Bishop Paul Barker
MAUNDY THURSDAY - 13 April 10am	HOLY COMMUNION
7.30pm	THE EUCHARIST OF THE LAST SUPPER with foot washing and Stripping of the Altar
GOOD FRIDAY - 14 April 9.00am	THE CELEBRATION OF THE LORD'S PASSION (Sung) with veneration of the Cross
2.30pm	The Golgotha Drama Devotional
HOLY SATURDAY - 15 April 8.00pm	EASTER VIGIL (Sung)
EASTER DAY - 16 April 7.45am	HOLY COMMUNION (BCP)
9.00am	SUNG EUCHARIST OF EASTER DAY
10.30am	CONTEMPORARY EUCHARIST

Youth Group tonight!

Scavenger Hunt.

6 - 8pm.

Wear comfy shoes and bring an extra layer of warm clothing.



Lenten Quiet Day

Time out to journey towards the Cross

Next Saturday 25 March 2017

10am - 3.30pm

Morning/Afternoon Tea provided

BYO Lunch - Parish Centre

Info: 9807 3168

Evening Meditation Gatherings

2nd and 4th Thursdays of the month at 7.30pm in the Old Church, based on the Contemplative Traditions of Christian Meditation. Contact Michael Mosley on 9807 3168. Next session will be on **Thursday 23 March at 7.30 pm and then 13 April** in the Old Church.

WEAR GREEN FOR PREMMIES

We have been asked to support the Wear Green for Premmies Day on **Wednesday 5 April 2017** by knitting green hats for premature babies as we did last year. Patterns and wool are available in the Parish Centre. Please see Joan West if you have any questions. *Thank you.*



Lenten Programme

Wednesday Evenings

"From Gethsemane to the Cross"

22 March (*Betrayed with a Kiss - Matt. 26.47-56*)

29 March (*Before the cock crows - Matt. 26.57-75*)

5 April (*Blood Money - Matt. 27.1-10*)

12 April (*Silence of the Lamb - Matt. 27.11-31*)

with Bishop Paul Barker

8.00 – 9.00 pm

held in the Church.

Parish Book Group

Many people love to read so we are offering a parish group for those of you who would like to meet to discuss books which you have agreed to read.

The group will meet during the day and if possible in the homes of members.

If you are interested in further information please sign the sheet in the parish centre or you can contact Joan West on 9807 3168.

Joan Janka & David McNicol



Duo Piano Recital

Sunday 26th March, 2pm

32 Edmonds Ave, Ashwood

\$20 donation

Devonshire tea by Phoebe & Alf

Proceeds to Waverley Women's Refuge

Advance Notice

**Hopper Night - Friday, 2nd June 2017, 6pm,
Parish Centre**

Experience wonderful Sri Lankan Cuisine.

Adults \$25

Children under 10, \$10.

More info on the Parish Centre Noticeboard.



MU Australia
Part of the World Wide Mothers' Union

Thank you to our members who assisted with the 'Mary and Martha' Conference.

Lady Day is on **Monday 27 March** at St Peters Eastern Hill at 10.30am.

If you were not at our last meeting and would like to come please phone Irene.

On Saturday 1 April we will be making **Palm Crosses** from 9.00am onwards in the parish Centre and are looking for extra helpers.

Our **next meeting** is on **Monday 24 April** at 1.30pm. We welcome the new MU Diocesan Chaplain, Revd Judith Lake as our speaker.

Marg Taylor

LENTEN GREEN CHALLENGE

All members of the Parish are invited to join the Lenten GREEN CHALLENGE. 

'How small is your household footprint?' Reducing your carbon footprint is not difficult. If we all try to do just one or two things differently we can MAKE A DIFFERENCE.

Please pick up your check list in the Parish Centre. Your voluntary donation will be put towards supplying solar lights in the Solomon Islands. Thank You.

Afternoon Meditation Gatherings

1st Wednesday of the month at 2.30pm in the Chapel, based on Ignatian Spirituality. A Sacred Space where you can find rest and stillness, listen and centre yourself. Spiritual food is offered to aid reflection and meditation. Contact Val Dyke on 9807 3168.

Next Session: 1 April at 2.30 pm.

Three things from Parish Council

- New lease on Stephenson's Road Unit
- Volunteers needed for rosters and Mainly Music
- Planning begun for 'Giving for Life' program in November.

"Sanctuary for Lent 2017" - Devotional Books for sale \$3 each. Still available in the Narthex and Parish Centre.

Dates to put in your Diary

Diary Dates:

Lent 3 - 19 March

8.45 am (BCP) Book of Common Prayer
 9.00 am (SE) Sung Eucharist
 10.30 am (CE) Contemporary Eucharist
 Youth Group tonight
 Monday 20
 Tuesday 21
 10.30 am Mainly Music
 7.30 pm Lent study group with Val Dyke
 Wednesday 22
 10.30 am Mainly Music/Friendship Group
 8.00 pm Lenten Study with Bp Paul Baker
 Thursday 23
 10.00 am Thursday Eucharist and morning tea
 7.30 pm Meditation Session
 Friday 24
 2.00 pm Lenten Study with Revd Kathryn
Saturday 25
 10.00 am Lenten Quiet Day
Sunday 26 Fourth Sunday of Lent
 8.45 am (BCP) Book of Common Prayer
 9.00 am (SE) Sung Eucharist
 10.30 am (CE) Contemporary Eucharist
 2.00 pm Duo Piano Recital (off site)

Monday 27 Ladies Guild in Op Shop

Next Week: Lent 4 - 26 March 2017

Readings:

1 Samuel 16.1-13
 Psalm 23
 Ephesians 5.8-14
 John 9.1-41

Stewards/Welcomers:

BCP Elaine Fasken
 Celia Gant
 SE Helen Warren
 Margaret Syfret
 Tony Syfret
 CE Judith Gibson
 Rowena Ferguson

Readers:

BCP Jill De Lacy
 SE Sue Retschko
 Jenny Bowers
 CE Geoff Crawford

Eucharistic/Chalice Assistance

BCP Jill De Lacy
 SE Bev Anderson
 Jenny Brown
 Howard Brown
 Bruce Chugg
 CE Christine Mallouhui

Intercessor:

SE Ron Ritchie
 CE Christine Mallouhui

NAME TAGS

We ask that all parishioners please wear their name tag, not only during the next few weeks as we welcome our new Assistant Curate, but at every service you attend. If you need a name tag, please request one via the Connection Card in the pews.
The Wardens

The Anglican Parish of St Stephen and St Mary Mount Waverley

383 High Street Road, Mt Waverley, 3149. Phone: 9807 3168; Fax: 9807 0978

Office hours: Wednesday, Friday: 10am - 2pm, Thursday 1-5pm

'Like' us on Facebook: www.facebook.com/stephenandmary.mtwaverley

Priest (Day off - Monday)	The Rev'd Dianne Sharrock
Assistant Curates	The Rev'd Kathryn Watt The Rev'd Garry Deverell
Children's and Families' Minister (Tues, Wed, Thurs)	Becky Sims
Music Director	David Cundy
Treasurer	Helen Warren
Office Administrator	David Cundy

Churchwardens: Brian De Lacy, Bruce Chugg, Sue Retschko

Parish Council: Geoff Crawford, Elaine Fasken, Nathan Goode, Doug Hastings, Sherredan Maher, Peter Northwood, Helen Warren, Joan West

Pastoral Care Ministry:

<i>Home Communion and General Visiting:</i>	Ian Smith
<i>Aged Care Chaplaincies:</i>	Bruce Chugg
<i>Hospital Visiting:</i>	Clergy
<i>Funeral Ministry:</i>	The Vicar
<i>Contemporary Eucharist Contact:</i>	Rowena Ferguson
<i>Pastoral Associate (Emeritus):</i>	Trevor Bickerstaff

Spiritual Director	Val Dyke
Prayer Chain contact	Margaret Syfret

SERVICES:	Sunday	
	7.45am	Holy Communion (Book of Common Prayer)
	9.00am	Sung Eucharist (APBA)
	10.30am	Contemporary Eucharist (Children's Participation)
	Tuesday	9.15am, Morning Prayer
	Wednesday - Friday	9.00am, Morning Prayer
	Thursday	10.00am, Eucharist