

THE ANGLICAN PARISH OF ST STEPHEN AND ST MARY

MOUNT WAVERLEY

*WELCOME*

**Fourth Sunday after Epiphany**

**28 January 2018**



I pray because I can't help myself.  
I pray because I'm helpless.  
I pray because the need flows out of me  
all the time, waking and sleeping.  
It doesn't change God.  
It changes me.

- C.S. Lewis

## At Worship Today:

**Prayer of the Day:**  
**God of compassion,**  
**you have shown us in Christ**  
**that your love is never ending:**  
**enable us both to love you with all our heart**  
**and to love one another as Christ loved us.**  
**Grant this through our Lord Jesus Christ,**  
**who lives and reigns with you and the Holy**  
**Spirit,**  
**one God, for ever and ever. Amen.**

7.45 am (BCP)  
Book of Common Prayer  
Presiding: Revd Kathryn  
Preaching: Revd Kathryn  
Hymn 453

10.30 am (CE)  
Contemporary Eucharist  
Presiding: Revd Garry  
Preaching: Revd Kathryn

The Sanctuary bell will be rung 5 minutes before the service begins to observe a time of quiet.

9.00 am (SE)	A Prayer Book for Australia - page 119
Presiding at the Eucharist:	Revd Kathryn
Preaching:	Revd Kathryn
Musical Setting:	Michael Dudman
<b>Introit:</b>	<b>TIS 305</b>
Sentence:	Jesus went about all the cities and villages, teaching in their synagogues and proclaiming the good news of the kingdom, and curing every disease and every sickness.
First Reading:	Deuteronomy 18.15-20
Gradual Psalm:	<b>TIS 402 (tune 408)</b>
Second Reading:	1 Corinthians 8.1-13
Gospel Acclamation:	



Gospel:	Mark 1.21-28
Offertory:	<b>Hymn 324</b>
Recessional Hymn:	<b>Hymn 638</b>

People of all Christian churches, who are communicants of their own church, are invited to share Holy Communion with us

**First Reading: Deuteronomy 18.15-20**

Moses summoned all Israel and said to them, "The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. 16 This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: 'If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die.' 17 Then the Lord replied to me: 'They are right in what they have said. 18 I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. 19 Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. 20 But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.' "

**Second Reading: 1 Corinthians 8.1-13**

1 Now concerning food sacrificed to idols: we know that 'all of us possess knowledge.' Knowledge puffs up, but love builds up. 2 Anyone who claims to know something does not yet have the necessary knowledge; 3 but anyone who loves God is known by him. 4 Hence, as to the eating of food offered to idols, we know that 'no idol in the world really exists', and that 'there is no God but one.' 5 Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords— 6 yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. 7 It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. 8 'Food will not bring us close to God.' We are no worse off if we do not eat, and no better off if we do. 9 But take care that this liberty of yours does not somehow become a stumbling-block to the weak. 10 For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? 11 So by your knowledge those weak

believers for whom Christ died are destroyed. 12 But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. 13 Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

**Gospel: Mark 1.21-28**

21 The disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. 22 They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. 23 Just then there was in their synagogue a man with an unclean spirit, 24 and he cried out, 'What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.' 25 But Jesus rebuked him, saying, 'Be silent, and come out of him!' 26 And the unclean spirit, throwing him into convulsions and crying with a loud voice, came out of him. 27 They were all amazed, and they kept on asking one another, 'What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.' 28 At once his fame began to spread throughout the surrounding region of Galilee.

**Three things from Parish Council****Election of Treasurer and Secretary**

Geoff Crawford and Joan West were elected as Treasurer and Secretary for the coming year.

**Investigation of kitchen ventilation**

The Wardens will investigate the ventilation and air control in the parish kitchen.

**Mission allocation approved.** First half year allocation approved \$5000



## LENTEN PROGRAM

An opportunity to reflect and share together

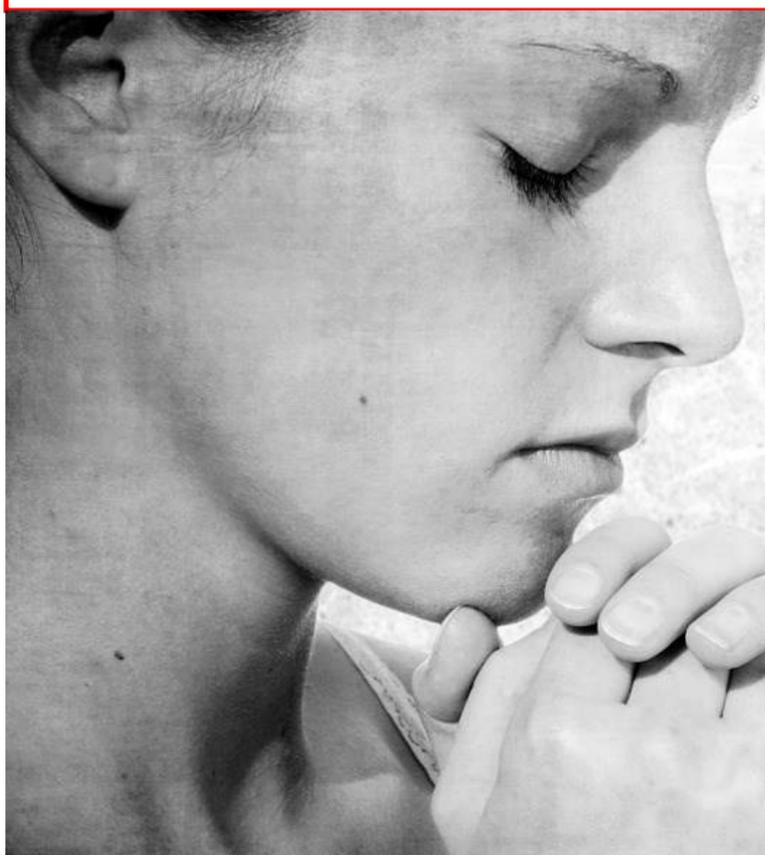
ON: Thursday evenings 7.30pm – 9.30pm

DATES: Feb 15<sup>th</sup> 22<sup>nd</sup>, March 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>.

AT: The home of Val Dyke

COST: \$10.00 for the booklet payable when you see Val or on the first night

Booklets need to be ordered please place your name on the Lists in the Narthex and in the Coffee Area



*Lenten Spirituality*

**Tuesday Nights 6pm - 8pm incl. fellowship over dinner and presentations on spirituality by guest speakers.**

\$10 per head per evening

Tuesday 20th February  
until Tuesday 13th March

Sign-up sheets  
in Narthex and Parish Centre

# LENTEN QUIET DAY

Time out to journey towards the Cross



**Saturday 10<sup>th</sup> February**

10.00 am - 3.30 pm

*Morning/Afternoon Tea provided*

BYO Lunch

**PLEASE SIGN THE LIST --- LENTEN QUIET DAY in the Parish Centre**

## Stamp Recycling

Do you have bags of old used stamps cluttering up your cupboards?

Envelopes bursting with interesting stamps from overseas?

We have a solution for you!

Near the photocopier in the Parish Centre is a stamp box (ie a box covered with stamps).

Cut stamps carefully from the envelope, leaving a little frame of paper. Deposit them into the stamp box.

When the box is full we will deliver the stamps to CMS who sell the stamps to fund their missionary activities.

Thank you for saving your stamps.



## Event invitation

The inaugural Robin Sharwood Lecture will address how the canon law understanding of the status of clergy and historical church processes for dealing with misconduct have interacted with the processes and goals of the civil law over the past millennium and today.

The first Robin Sharwood Lecture will be delivered by the Hon Keith Mason, AC, QC – President of the Appellate Tribunal of the Anglican Church of Australia, and formerly President of the Court of Appeal of the Supreme Court of New South Wales.

Date: Wednesday 14 March

Time: 7.30pm (refreshments after lecture)

Location: Craig Auditorium, the Gateway Bldg, Trinity College, 100 Royal Parade, Parkville

Cost: Free

## *Family Jazz Evening and Barbecue*

Friday 16th February 2018

6.30 - 9.30 pm

at St Stephen's and St Mary's Anglican Church, Mount Waverley

Adults: \$25, Schoolchildren: no charge, BYO drinks and glasses

Tickets on sale after each service on 28th January, 4th February and 11th February.

Contact Phoebe Wilkinson-North for more information



### **Ecumenical Service of Prayers and Solidarity for Peace**

St Paul's Cathedral

Sunday 4 February at 3pm

All Welcome! Supporting our South Sudanese Community



#### **Afternoon Meditation Gatherings**

1st Wednesday of the month at 2.30pm in the Chapel, based on Ignatian Spirituality. A Sacred Space where you can find rest and stillness, listen and centre yourself. Spiritual food is offered to aid reflection and meditation. Contact Val Dyke **We will be in recess following the Advent quiet day and resumes on the Lenten Quiet Day on 10 February 2018**

#### **Evening Meditation Gatherings**

2<sup>nd</sup> and 4<sup>th</sup> Thursdays of the month at 7.30pm in the Old Church, based on the Contemplative Traditions of Christian Meditation. Contact Michael Mosley Next session will be on **8 February 7.30pm** in the Old Church, then on **22 February 2018**.

## Dates to put in your diary ...

<b>Sunday Epiphany 4- January 28 2018</b>	
7.45 am	BCP
9.00 am	SE
10.30 am	CE
3.00-8.00 pm	Tamil Congregation (Church)
<b>Tuesday</b>	30
9.30 - 11.00 am	Yoga (Parish Ctr)
6.30 - 8 .00 pm	Yoga (Old Church)
<b>Wednesday</b>	31
10.30 am	Friendship Group
<b>Thursday</b>	1
10.00 - 11.00 am	Eucharist
6.30 - 8 .00 pm	Yoga (Parish Ctr)
<b>Friday</b>	2
9.30 - 11.30 am	Yoga (Parish Ctr)
<b>Saturday</b>	3
3.00 - 9.00 pm	Chinese church (Old Church)
<b>Sunday</b>	4 Epiphany 5
7.45 am	BCP
9.00 am	SE
10.30 am	CE

**Mainly Music** continues to engage with young families. You are always welcome to come along and see what we do. Tuesdays & Wednesdays 10.30am - 12 noon, Parish Ctr, during school term.



<b>Next week: The Fifth Sunday after Epiphany - February 4, 2018</b>	
<b>Readings:</b>	Isaiah 40.21-31 Psalm 147.1-11 1 Corinthians 9.16-23 Mark 1.29-39
<b>Stewards/Welcomers:</b>	BCP Hugh Foenander A Foenander SE M Noblett SS S Retschko G Leembruggen CE David Tony
<b>Readers:</b>	BCP F Miller SE H Brown J Brown CE Miriam
<b>Eucharistic/Chalice Assistance:</b>	BCP J Burns SE B Chugg V Dyke J Brown H Brown CE Geoff Marg
<b>Intercessor:</b>	SE Ron Ritchie CE Garry

 **Galahkookemu**  
Held on the 4th Wednesday of the month at 7.00 pm dinner/gathering off site at Mitcham. We explore how to follow the Benedictine way of life in today's world.  
[www.monasteriesoftheheart.org](http://www.monasteriesoftheheart.org)  
Visitors are always welcome.  
Contact Christine Mallouhi

# The Anglican Parish of St Stephen & St Mary Mount Waverley

383 High Street Road, Mt Waverley, 3149. Phone: 9807 3168

Office hours: Tuesday, Thursday & Friday: 9.30am - 2.30pm

Email: [parishoffice@stephenandmary.org.au](mailto:parishoffice@stephenandmary.org.au) Website: [www.stephenandmary.org.au](http://www.stephenandmary.org.au)

'Like' us on Facebook: [www.facebook.com/stephenandmary.mtwaverley](http://www.facebook.com/stephenandmary.mtwaverley)

**Priest** The Revd Dianne Sharrock  
(Day off - Monday)

**Assistant Curate** The Revd Kathryn Watt  
(Wed, Thurs, Fri, Sun)

**Assistant Curate** The Revd Garry Deverell  
(Sunday only)

**Children's and Families' Minister** Becky Sims  
(Tues, Wed, Thurs)

**Music Director** David Cundy

**Treasurer** Geoff Crawford

**Office Manager** Katherine Rushby

**Churchwardens:** Kevin Phillips, John Foster, Rowena Ferguson

**Parish Council:** Geoff Crawford, Graeme Dellora, Elaine Fasken, Judith Gibson, Doug Hastings, Sherredan Maher, Peter Northwood, Joan West

**Pastoral Care Ministry:**

*Aged Care Chaplaincies:* Bruce Chugg  
*Hospital Visiting:* Clergy  
*Funeral Ministry:* The Vicar  
*Contemporary Eucharist Contact:* Rowena Ferguson

**Spiritual Director** Val Dyke  
**Prayer Chain contact** Margaret Syfret

**SERVICES: Sunday**  
7.45am Holy Communion (Book of Common Prayer)  
9.00am Sung Eucharist (APBA)  
10.30am Contemporary Eucharist (Children's Participation)  
Tuesday 9.15am Morning Prayer  
Wednesday - Friday 9.00am Morning Prayer  
Thursday 10.00am Eucharist