

THE ANGLICAN PARISH OF ST STEPHEN AND ST MARY

MOUNT WAVERLEY

*WELCOME*

**First Sunday in Lent**

**1 March 2020**



**O gracious Holy Father,  
Give us  
Wisdom to perceive You,  
Diligence to seek You,  
Patience to wait for You,  
Eyes to behold You,  
A heart to meditate upon You,  
And a life to proclaim You,  
Through the power  
of the Spirit  
of Jesus Christ Our Lord.  
Amen.**

St Benedict

This parish is committed to Child Safety and complies with Diocesan and State requirements. This is a shared responsibility of staff and parish. Please see the back of pew leaflet for contact details.

**At Worship Today:**

7.45 am (Book of Common Prayer)  
Preaching & Presiding: Revd Greg  
Hymn: TIS 591 Forty Days and Forty  
Nights

10.30 am (Contemporary Eucharist)  
Preaching & Presiding: Revd Greg

**Almighty God,  
whose Son fasted forty days in the wilderness,  
and was tempted as we are, yet did not sin:  
give us grace to direct our lives in obedience to  
your will, that, as you know our weakness,  
so we may know your power to save;  
through Jesus Christ our Redeemer,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. Amen.**

**9.00 am (Sung Eucharist)**

Preaching & Presiding:

Revd Greg

Liturgy Setting:

Diane Gome

Processional:

TIS 684 Love will be our Lenten calling

Trisagion:

Holy God, holy and mighty, holy and immortal, have  
mercy on us.

Sentence:

We do not live by bread alone, but by every word  
that comes from the mouth of God.

First Reading:

Genesis 2.15-17;3.1-7

Psalm Response:



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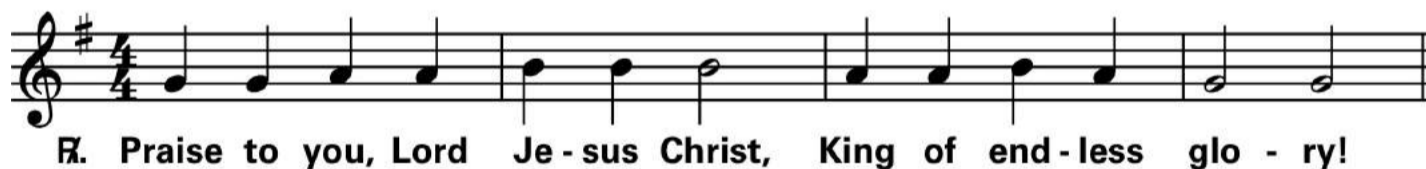
Psalm:

Ps 32

Second Reading:

Romans 5.12-19

Gospel Acclamation:



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Gospel:

Matthew 4.1-11

Offertory:

TIS 591 Forty Days and Forty Nights

Choir Anthem:

Appalachian Lord's Prayer by Rick Sowash St.James MP

Post Communion Meditation

Holy Spirit (see service booklet)

Recessional Hymn:

TIS 194 O love, how deep, how broad, how high  
Vs.1,2,3,4 & 7

**First Reading: Genesis 2.15-17;3.1-7**

2 15 The Lord God took the man and put him in the garden of Eden to till it and keep it. 16 And the Lord God commanded the man, 'You may freely eat of every tree of the garden; 17 but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.' 3 1 Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"?' 2 The woman said to the serpent, 'We may eat of the fruit of the trees in the garden; 3 but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die."' 4 But the serpent said to the woman, 'You will not die; 5 for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' 6 So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. 7 Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

**Second Reading: Romans 5.12-19**

Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— 13 sin was indeed in the world before the law, but sin is not reckoned when there is no law. 14 Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. 15 But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. 16 And the free gift is not like the effect of the one man's sin. For the

judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. 17 If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. 18 Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. 19 For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

**Gospel Reading: Matthew 4.1-11**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. 2 He fasted for forty days and forty nights, and afterwards he was famished. 3 The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' 4 But he answered, 'It is written, "One does not live by bread alone, but by every word that comes from the mouth of God."' 5 Then the devil took him to the holy city and placed him on the pinnacle of the temple, 6 saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."' 7 Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."' 8 Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; 9 and he said to him, 'All these I will give you, if you will fall down and worship me.' 10 Jesus said to him, 'Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him."' 11 Then the devil left him, and suddenly angels came and waited on him.



March 2020

## Pray for Zimbabwe

World Day of Prayer Date: **March 6<sup>th</sup> 2020**

Location of local service: **High Street Road Uniting Church, 482 High Street Road, Mount Waverley**

Time of local service:

**10:00 am Morning Tea followed by Service**

*Everyone is welcome to attend.*

[worlddayofprayeraustralia.org](http://worlddayofprayeraustralia.org)



### Lenten Program

This year we have four Tuesday night talks over dinner in a "Praying with" series. The four guest speakers on the following topics are:

- **3rd March** Praying with the Jesus Prayer (John Gill)
- **10th March** Praying with the Scriptures (Marilyn Hope)
- **17th March** Praying with the Icons (Brian Bubbers)
- **24th March** Praying with the Imagination (Cath Connelly)

They will run from 6:00pm-8:15pm. Including dinner, the cost is \$10 per session.

Sign-up sheets are in the Parish Centre.



### LENTEN QUIET DAY

Time out to journey towards the Cross



**Saturday 14<sup>th</sup> March**

10.00 am – 3.00 pm

*Morning/Afternoon Tea provided*

**BYO Lunch**

At St Stephen and St Mary 383 High Street Road  
Mt Waverley 3149

**PLEASE SIGN THE LIST** in the  
Parish Centre  
OR  
Email Val

### New BCP/SE Rosters

Those who receive printed rosters can now pick up their copy from the table opposite the church office.

### Lost keys?

Some freshly cut keys were found amongst the bottle tops - if you think they might be yours, please let the office know.



Lent is a time for us to deepen our relationship and to sharpen our sense of God. It is a time for prayer, fasting, self-examination, almsgiving and being more intentional in the way we live our faith.

This Lent, will you challenge yourself to perform a small act of justice for God's creation? Each week choose one challenge or choose them all! and respond to God's call to be faithful stewards of our earth.

### Week 1 – Appreciating Nature

Sunday 1 March	Monday 2 March	Tuesday 3 March	Wednesday 4 March	Thursday 5 March	Friday 6 March	Saturday 7 March
<b>Go for a walk each day.</b> Listen to the birds, look at the trees, and feel the sun on your face.	<b>Feed the birds.</b> Put out some bird food and enjoy the gift of these creatures.	<b>Enjoy your lunch outside.</b> Sit quietly and simply look around you. You'll be surprised at what you usually overlook.	<b>Plant some flowers.</b> Flowers will attract all sorts of wildlife to your garden.	<b>Visit a beautiful place.</b> Plan a day to visit the botanical gardens, the beach, the Dandenong's or perhaps the zoo.	<b>Start a herb garden</b> on your windowsill.	<b>Ride your bicycle</b> or walk to Church tomorrow!

**PSALM 24:1&2** The earth is the Lord's, and everything in it, the world, and all who live in it; for he founded it on the seas and established it on the waters.

### Social Justice and Mission Committee Lent 2020

**Advent Pilgrimage to The Holy Land with Bp Brad Billings**

**\$5,990 per person for 14 days**

**Brochures available - see Greg or Dianne.**





### **ARTICLES FOR SSTAMP MAY 2020**

Looking for stories from parishioners, faith journeys, travel adventures, family histories, etc for the next edition of the Parish Magazine. Articles can be long or short; photos most welcome.

Please send to Graeme

### **MENS FORUM**

The Forum will recommence on

**TUESDAY 10<sup>TH</sup> MARCH**

2pm in the Old Church

A DVD presentation

In keeping with our lead up to ANZAC DAY and a military theme, we will be showing the outstanding but harrowing WWI documentary "THEY SHALL NOT GROW OLD"

The presentation will take approx. 95 mins followed by Afternoon Tea.

As is our wish to continue with inclusiveness, all parishioners are most welcome to attend.

### **Baskets**

Following the closure of the Waverley Benevolent Society, our second Alms Basket will now be used to collect donations for Monash-Waverley Community Information and Support (MWCIS). This organisation is located at the rear of the Mount Waverley Community Centre in Miller Crescent. Its doors are open for clients Monday to Friday from 9.30am to 3.30pm. As well as distributing non-perishable food they also provide clothing and food vouchers, referrals for counselling and legal services and help with paying utilities and prescriptions.

### **Parish Directory**

There is a draft copy of the Parish Directory in the Narthex. Please check your details are correct. If you would like to be added to the directory or need to make any changes please complete an information form. The information forms are with the draft directory in the Narthex. Please place in marked box.

**Today (1st March) is the last date for changes and additions.**

### **Afternoon Meditation Gatherings**

1st Wednesday of the month at 2.30pm in the Chapel, based on Ignatian Spirituality. A Sacred Space where you can find rest and stillness, listen and centre yourself. Spiritual food is offered to aid reflection and meditation. Contact Val **Next session will be on 1st April 2020.**

### **Evening Meditation Gatherings**

2<sup>nd</sup> and 4<sup>th</sup> Thursdays of the month at 7.30pm in the Old Church, based on the Contemplative Traditions of Christian Meditation. Contact Michael The next session will be on **Thursday 12th March 2020, 7.30 pm in the Old Church, then on 26th March.**

## Dates to put in your diary ...

<b>Sunday First Sunday in Lent</b> - March 1, 2020	
7.45 am	Book of Common Prayer
9.00 am	Sung Eucharist
10.30 am	Contemporary Eucharist
<b>Monday</b>	
10.00 am - 12.00pm	WBS
4.00 - 8.45 pm	Karen Margaret Dance
<b>Tuesday</b>	
9.30 - 11.00 am	Yoga (Parish Centre)
2.00 - 3.00 pm	Lenten Study (Old Church)
<b>Wednesday</b>	
10.30 am	mainly music
<b>Thursday</b>	
10.00 am	Thursday Eucharist & Brunch
2.00 - 3.00 pm	Lenten Study (Old Church)
7.30 - 9.00 pm	Choir practice (Church)
<b>Friday</b>	
10.30am	Memorial for Ian Thompson
<b>Saturday</b>	
1.00- 4.00 pm	Tamil Choir (Old Ch)
3.00 - 10.00 pm	Chinese Church
<b>Sunday</b>	
7.45 am	Book of Common Prayer
9.00 am	Sung Eucharist
10.30 am	Contemporary Eucharist
3.00 - 7.30 pm	TCCV service

<b>Next week: Second Sunday in Lent</b> - March 8, 2020	
Readings:	
Genesis 12.1-4a	
Ps 121	
Romans 4.1-5, 13-17	
John 3.1-17	
Stewards/Welcomers:	
BCP Adam Thevapalan	
Nirmala Thevapalan	
SE	J Brown SS
	H Brown
	S Lieversz
CE	Tony
	David
Readers:	
BCP J Burns	
SE	E U'Ren
	S Retschko
CE	Miranda
Eucharistic/Chalice Assistance:	
BCP D Bruce	
SE	V Dyke
	J Brown
	H Brown
	S Blanchard
CE	Rowena
	Marg
Intercessor:	
SE	H Durkin
CE	Christine M

### Tamil Christian Church services

2nd and 4th Sundays at 4.30pm

**mainly music** continues to engage with young families. You are always welcome to come along and see what we do on Wednesdays 10.30am - 12 noon, Parish Ctr, during school term.



### Joyriver Chinese Church

Saturdays at 6pm



#### Galahkookemu

We are a group who seek to follow the Benedictine way in modern life, meeting monthly on the final Wednesday at 7pm. Contact Christine Mallouhi

# The Anglican Parish of St Stephen & St Mary Mount Waverley

383-385 High Street Road, Mt Waverley, 3149. Phone: 9807 3168

Office hours: Tuesday, Thursday & Friday: 9.30am - 2.30pm

Email: [parishoffice@stephenandmary.org.au](mailto:parishoffice@stephenandmary.org.au) Website: [www.stephenandmary.org.au](http://www.stephenandmary.org.au)

'Like' us on Facebook: [www.facebook.com/stephenandmary.mtwaverley](http://www.facebook.com/stephenandmary.mtwaverley)

<b>Priest</b> (Day off - Monday)	The Venerable Dianne Sharrock
<b>Assistant Curate</b> (Tues, Wed & Thurs mornings, Fri, Sun)	The Revd Greg Wong
<b>Children's and Families' Minister</b> (Tues 10.00 am - 3.00 pm, Wed 9.30 am - 2.30 pm, Sun 10.30 am - 12.30 pm)	Lisa Eames
<b>Child Safety Compliance Officer</b>	Elaine Fasken
<b>Music Director</b>	Brian Copple
<b>CE Music Coordinator</b>	Greg Ellsmore
<b>Treasurer</b>	Helen Warren
<b>Office Manager</b>	Katherine Rushby
<b>Churchwardens:</b>	Graeme Dellora John Foster Judith Gibson
<b>Parish Council:</b>	Sugan Blanchard, David Bruce, Margaret Crawford, Rowena Ferguson, Nathan Kelly, Jennifer Gracie, Frances Ludgate, Sherredan Maher, Helen Warren.
<b>Pastoral Care Ministry:</b>	
<i>Aged Care Chaplaincies:</i>	
<i>Hospital Visiting:</i>	Clergy
<i>Funeral Ministry:</i>	The Vicar
<i>Contemporary Eucharist Contact:</i>	Rowena Ferguson
<b>Spiritual Directors:</b>	Cath Connelly Val Dyke
<b>Prayer Chain contact</b>	Margaret Syfret
<b>SERVICES: Sunday</b>	
7.45am	Holy Communion (Book of Common Prayer)
9.00am	Sung Eucharist (APBA)
10.30am	Contemporary Eucharist (Children's Participation)
Tuesday	9.15am Morning Prayer
Wednesday - Friday	9.00am Morning Prayer
Thursday	10.00am Eucharist

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