

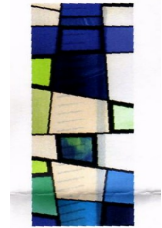
THE ANGLICAN PARISH OF ST STEPHEN AND ST MARY

MOUNT WAVERLEY

WELCOME

**Fourth Sunday after Epiphany**

**31 January 2021**



*Grant me,  
O Lord, my God,  
a mind to know You,  
a heart to seek You,  
wisdom to find You,  
conduct pleasing to You,  
faithful perseverance  
in waiting for You,  
and a hope of finally  
embracing You.  
Amen.*

Thomas Aquinas

**ACKNOWLEDGEMENT OF COUNTRY**

We acknowledge the traditional custodians of the land on which we meet, the people of the Kulin nation, and pay our respects to Elders past, present and emerging.

This parish is committed to Child Safety and complies with Diocesan and State requirements.  
This is a shared responsibility of staff and parish. Please see the back of pew leaflet for contact details.

At Worship Today:

God of compassion,  
you have shown us in Christ  
that your love is never ending:  
enable us both to love you with all our heart  
and to love one another as Christ loved us.  
Grant this through our Lord Jesus Christ,  
who lives and reigns with you and the Holy Spirit,  
one God, for ever and ever. Amen.

10.00 am

Preaching & Presiding: Ven Dianne


Liturgy Setting: Dudman

Processional: ‘Lord of all Hopefulness Lord of all Joy’

Sentence: Jesus went about all the cities and villages, teaching  
in their synagogues and proclaiming the good news  
of the kingdom, and curing every disease and every  
sickness.

First Reading: 1 Corinthians 8: 1 – 13

Psalm Response:



R. The Lord re - mem - bers his cov - e - nant for ev - er.

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Music: Owen Alstott, © 1977, 1990, OCP. All rights reserved.

Psalm: Ps 111

Gospel Acclamation:



R. Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: Owen Alstott, © 1977, 1990, OCP. All rights reserved.

Gospel: Mark 1: 21 – 28

Offertory: ‘O Christ, the Healer, we Have Come’

Choir Anthem: ‘Spirit of the Lord, Come Down’ - John Harper

Recessional Hymn: ‘When I Needed a Neighbour’

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**First Reading: 1 Corinthians 8: 1 – 13**

1 Now concerning food sacrificed to idols: we know that 'all of us possess knowledge.' Knowledge puffs up, but love builds up. 2 Anyone who claims to know something does not yet have the necessary knowledge; 3 but anyone who loves God is known by him. 4 Hence, as to the eating of food offered to idols, we know that 'no idol in the world really exists', and that 'there is no God but one.' 5 Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords— 6 yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. 7 It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. 8 'Food will not bring us close to God.' We are no worse off if we do not eat, and no better off if we do. 9 But take care that this liberty of yours does not somehow become a stumbling-block to the weak. 10 For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? 11 So by your knowledge those weak believers for whom Christ died are destroyed. 12 But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. 13 Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

**Gospel Reading: Mark 1: 21 – 28**

21 They went to Capernaum; and when the sabbath came, he entered the synagogue and taught. 22 They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. 23 Just then there was in their synagogue a man with an unclean spirit, 24 and he cried out, 'What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.' 25 But Jesus rebuked him, saying, 'Be silent, and come out of him!' 26 And the unclean spirit, throwing him into convulsions and crying with a loud voice, came out of him. 27 They were all amazed, and they kept on asking one another, 'What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.' 28 At once his fame began to spread throughout the surrounding region of Galilee.



**mainly music** continues to engage with young families. You are always welcome to come along and see what we do on Wednesdays 10.30am - 12 noon, Old Church, during school term.

**Galahkookemu**

We are a group who seek to follow the Benedictine way in modern life, meeting monthly on the final Wednesday at 7pm. Contact Christine Mallouhi



### PROCESSIONAL HYMN

#### 'Lord of all Hopefulness Lord of all Joy'

1. Lord of all hopefulness, Lord of all joy,  
whose trust, ever childlike,  
no cares could destroy,  
be there at our waking and give us, we pray,  
your bliss in our hearts, Lord,  
at the break of the day.
2. Lord of all kindliness, Lord of all grace,  
your hands swift to welcome,  
your arms to embrace,  
be there at our homing and give us, we pray,  
your love in our hearts, Lord,  
at the eve of the day.
3. Lord of all gentleness, Lord of all calm,  
whose voice is contentment,  
who presence is balm,  
be there at our sleeping and give us, we pray,  
your peace in our hearts, Lord,  
at the end of the day.

Joyce Placzek ('Jan Struther') 1901 - 53

### OFFERTORY HYMN

#### 'O Christ, the Healer, we Have Come'

1. O Christ, the healer, we have come  
to pray for health, to plead for friends.  
How can we fail to be restored  
when reached by love that never ends?
2. How strong, O Lord, are our desires,  
how weak our knowledge of ourselves!  
Release in us those healing truths  
unconscious pride resists or shelves.
3. In conflicts that destroy our health  
we diagnose the world's disease;  
our common life declares our ills:  
is there no cure, O Christ, for these?

4. Grant that we all, made one in faith,  
in your community may find  
the wholeness that, enriching us,  
shall reach the whole of humankind.

Frederick Pratt Green 1903 -

### CHOIR ANTHEM

#### 'Spirit of the Lord, Come Down'

Spirit of the Lord, come down,  
spreading your protective wing  
over all that you have made;  
Over every living thing.  
Come in storm-wind, cleansing fire,  
sweeping through a world unclean,  
come in every gentle breeze;  
Breath of God, unheard, unseen.

Holy Spirit, Blessed Light,  
guide and strengthen mind and will,  
comfort every grieving heart;  
and our inmost being fill.  
Through the Father and the Son,  
by whose blood our life was bought,  
fill our empty hands with gifts;  
Come with grace unearned, unsought.

words and music: John Harper

### RECESSIONAL HYMN

#### 'When I Needed a Neighbour'

1. When I needed a neighbour, were you there,  
were you there?  
When I needed a neighbour, were you there?  
*And the creed and the colour and the name  
won't matter, were you there?*
2. When I needed a healer, were you there, were  
you there?  
When I needed a healer, were you there?  
*And the creed and the colour and the name  
won't matter, were you there?*

3. Wherever you travel, I'll be there, I'll be there,  
wherever you travel, I'll be there.  
*And the creed and the colour and the name  
won't matter, I'll be there.*

Sydney Carter 1915-

*Thank you to Kevin Phillips  
for singing*

## **LENTEN QUIET DAY**

Time out to journey towards the Cross



***Saturday 6<sup>th</sup> March***

10.00 am – 3.00 pm

*Morning/Afternoon Tea provided*

**BYO Lunch**

At St Stephen and St Mary 383 High Street Road Mt Waverley 3149

PLEASE SIGN THE LIST in the Parish Centre on the Noticeboard

OR

Email Val

### **Lenten Study Program**

Our Lenten Program commences **Tuesday 16th February at 2pm, Friday 19th February at 10.30 am** and **Sunday 21st February** (time TBA). The program is called, "A River Through the Desert - A Lenten Pilgrimage". It comes to us from St George's College Jerusalem.

It consists of 6 sessions for groups and individuals exploring the geography of the Holy Land following Jesus from Galilee to Golgotha. Each session will reflect on a theme e.g. the desert, the water well, the mountain, the sea, the road, and the garden.

Each session will include a 5 minute site film expanding each theme, some thought provoking material on the theme, questions for reflection or discussion, and also two online discussions with the Dean, live from Jerusalem.

**Sign up sheets in the Parish Centre or email parishoffice**





### In Loving Memory

The flowers this week are donated by Grant Le Huray  
in loving memory of his wife Barbara.

### Three Things from Parish Council

- Good Response to call for Volunteers for Covid Clean
- OH&S Audit Passed Yearly checks on lights and power points completed
- In place of a Fete it is proposed to hold a Car Boot Sale in October

### Congregational Giving Report

**1st OCTOBER through until the 31st of DECEMBER 2020**

Giving Category	Amount Given	Budget Amount	Variation from Budget
Open	1,526	0	+ 1,526
Envelopes	13,159	0	+ 13,159
Direct to bank Account	19,997	21,000	- 1,003
ADF Planned Giving	21,757	22,500	- 743
<b>TOTALS</b>	<b>56,439</b>	<b>43,500</b>	<b>+ 12,939</b>

**Thank you for your wonderful generosity and stewardship -- The Wardens.**

#### Afternoon Meditation Gatherings

1st Wednesday of the month at 2.30pm in the Chapel, based on Ignatian Spirituality. A Sacred Space where you can find rest and stillness, listen and centre yourself. Spiritual food is offered to aid reflection and meditation. Contact Val Dyke. **Next session will be on 3rd February 2021.**

#### Evening Meditation Gatherings

The meditation group was to meet on Thursday January 28. Unfortunately this has had to be cancelled so the first meeting of the year will be on Thursday, **February 11 at 7.30pm.** Details of how we gather for the meeting will be confirmed later.



## Dates to put in your diary ...

### **Sunday Fourth Sunday after Epiphany**

**- January 31, 2021**

10.00 am Eucharist

**Monday** 1

4.00 - 8.45 pm Karen Margaret Dance

**Tuesday** 2

**Wednesday** 3

10.30 am mainly music

2.30 - 3.30 pm Meditation (Old Church)

**Thursday** 4

10.00 am Thursday Eucharist

6.30 - 7.30 pm Karate (Parish Centre)

**Friday** 5

**Saturday** 6

3.00 - 10.00 pm Chinese Church (Ch/PC/OC)

**Sunday** 7

8.00 am Holy Communion

10.00 am Eucharist with Kids Church



### **Next week: Fifth Sunday after Epiphany**

**- February 7, 2020**

Readings:

Isaiah 40.21-31

1 Corinthians 9.16-23

Mark 1.29-39

Server:

8 am Joanne Burns

Welcomers:

8 am Adam & Nirmala Thevapalan

10 am Marg Crawford

David Sharrock

Readers:

8 am John Foster

10 am Jenny Bowers

Milton Biddle

Intercessor:

10 am Michael Mosley



### **Tamil Christian Church services**

2nd and 4th Sunday from 3pm

### **Joyriver Chinese Church**

Saturdays from 3pm

# The Anglican Parish of St Stephen & St Mary Mount Waverley

**383-385 High Street Road, Mt Waverley, 3149. Phone: 9807 3168**

**Office hours:** Tuesday, Thursday & Friday: 9.30am - 2.30pm

Email: [parishoffice@stephenandmary.org.au](mailto:parishoffice@stephenandmary.org.au) Website: [www.stephenandmary.org.au](http://www.stephenandmary.org.au)

'Like' us on Facebook: [www.facebook.com/stephenandmary.mtwaverley](http://www.facebook.com/stephenandmary.mtwaverley)

**Priest**

(Day off - Monday)

The Venerable Dianne Sharrock

**Assistant Curate**

(Tues, Wed & Thurs mornings, Fri, Sun)

The Revd Greg Wong

**Children's and Families' Minister**

Lisa Eames

(Tues 10.00 am - 3.00 pm, Wed 9.30 am - 2.30 pm, Sun 10.30 am - 12.30 pm)

**Child Safety Compliance Officer**

Elaine Fasken

**Covid19 Compliance Officer**

Sugan Blanchard

**Music Director**

Brian Copple

**Treasurer**

Helen Warren

**Office Manager**

**Churchwardens:**

Katherine Rushby

Graeme Dellora

John Foster

Sue Retschko

**Parish Council:**

Sugan Blanchard, David Bruce, Margaret Crawford, Rowena Ferguson, Judith Gibson, Jennifer Gracie, Nathan Kelly, Sherredan Maher, Helen Warren, Joan West

**Pastoral Care Ministry:**

*Hospital Visiting:*

Clergy

*Funeral Ministry:*

The Vicar

*Contemporary Eucharist Contact:*

Rowena Ferguson

**Spiritual Directors:** Cath Connelly

Val Dyke

**Prayer Chain contact** Margaret Syfret

**SERVICES: Sunday 8.00 & 10.00 am**

**Thursday 10.00 am**