



## Fifth Sunday after Epiphany

7 February 2021

For most of us, I believe, to withdraw daily from the conflict to recharge our spiritual batteries, to step away from overbearing responsibilities, to meet God in His word and on our knees in prayer, is the best preparation to face the challenges of life.

David Packer, Encouragement



### ACKNOWLEDGEMENT OF COUNTRY

We acknowledge the traditional custodians of the land on which we meet, the people of the Kulin nation, and pay our respects to Elders past, present and emerging.

This parish is committed to Child Safety and complies with Diocesan and State requirements. This is a shared responsibility of staff and parish. Please see the back of pew leaflet for contact details.

## At Worship Today:

8.00 am

Preaching & Presiding: Ven Dianne

**Hymn: TIS 609 'May the mind of Christ  
my Saviour'**

Saving God,  
whose Son, Jesus Christ, healed the sick  
and brought them wholeness of body and mind:  
inspire us, his disciples,  
so that we may constantly proclaim his gospel  
by our words  
and by the dedication and integrity of our lives;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. Amen.

The Sanctuary bell will be rung 5 minutes before the service begins to observe a time of quiet.

10.00 am

Preaching & Presiding:

Ven Dianne

Liturgy Setting:

Mass of Creation

Processional:

**TIS 638 'O Christ, the healer'** *tune TIS 439*

Sentence:

Jesus went about all the cities and villages, teaching  
in their synagogues and proclaiming the good news  
of the kingdom, and curing every disease and every  
sickness.

First Reading:

Isaiah 40.21-31

Psalm:

Ps 147.1-11

Second Reading:

1 Corinthians 9: 16 – 23

Gospel Acclamation:



Music: Owen Alstott, © 1977, 1990, OCP. All rights reserved.

Gospel:

Mark 1.29-39

Offertory:

**TIS 609 'May the mind of Christ my Saviour'**

**Lord's Prayer:**

Routledge version

Communion Song:

"O Let the Son of God Enfold You"  
- words & music by John Wimber

Recessional Hymn:

**'Christ, be our Light'**

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First Reading: Isaiah 40.21-31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? 22 It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; 23 who brings princes to naught, and makes the rulers of the earth as nothing. 24 Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. 25 To whom then will you compare me, or who is my equal? says the Holy One. 26 Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. 27 Why do you say, O Jacob, and speak, O Israel, **'My way is hidden from the Lord , and my right is disregarded by my God'**? 28 Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. 29 He gives power to the faint, and strengthens the powerless. 30 Even youths will faint and be weary, and the young will fall exhausted; 31 but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Second Reading: 1 Corinthians 9: 16 – 23

16 If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe betide me if I do not proclaim the gospel! 17 For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. 18 What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. 19 For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. 20 To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the

law (though I myself am not under the law) so that I might win those under the law. 21 To those outside the law I became as one outside **the law (though I am not free from God's law but am under Christ's law) so that I might win** those outside the law. 22 To the weak I became weak, so that I might win the weak. I have become all things to all people, so that I might by any means save some. 23 I do it all for the sake of the gospel, so that I may share in its blessings.

Gospel Reading: Mark 1: 29 – 39

29 As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. 30 **Now Simon's mother-in-law** was in bed with a fever, and they told him about her at once. 31 He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. 32 That evening, at sunset, they brought to him all who were sick or possessed with demons. 33 And the whole city was gathered around the door. 34 And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. 35 In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. 36 And Simon and his companions hunted for him. 37 When they found him, they **said to him, 'Everyone is searching for you.'** 38 **He answered, 'Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do.'** 39 And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.



## PROCESSIONAL HYMN

### 'O Christ, the healer'

- 1.O Christ, the healer, we have come  
to pray for health, to plead for friends.  
How can we fail to be restored  
when reached by love that never ends?
- 2.How strong, O Lord, are our desires,  
how weak our knowledge of ourselves!  
Release in us those healing truths  
unconscious pride resists or shelves.
- 3.Grant that we all, made one in faith,  
in your community may find  
the wholeness that, enriching us,  
shall reach the whole of humankind.

Frederick Pratt Green 1903 - 2000

## OFFERTORY HYMN

### 'May the mind of Christ my Saviour'

- 1.May the mind of Christ my Saviour  
live in me from day to day,  
by his love and power controlling  
all I do and say.
- 2.May the word of God dwell richly  
in my heart from hour to hour  
so that all may see I triumph  
only through his power.
- 3.May the peace of God my Father  
rule my life in everything,  
that I may be calm to comfort  
sick and sorrowing.
- 4.May the love of Jesus fill me  
as the waters fill the sea;  
him exalting, self denying,  
this is victory.
- 5.May I run the race before me  
strong and brave to face the foe,  
looking only unto Jesus  
as I onward go.

Katie Barclay Wilkinson 1859 – 1928 alt.

## RECESSIONAL HYMN

### 'Christ, be our Light'

Longing for light, we wait in darkness.  
Longing for truth, we turn to you.  
Make us your own, your holy people,  
light for the world to see.  
*Christ, be our light!*  
*Shine in our hearts. Shine through the darkness.*  
*Christ, be our light!*  
*Shine in your church gathered today.*

Longing for food, many are hungry.  
Longing for water, many still thirst.  
Make us your bread, broken for others,  
shared until all are fed.  
**Christ, be our light ...**

Longing for shelter, many are homeless.  
Longing for warmth, many are cold.  
Make us your building, sheltering others,  
walls made of living stone.  
**Christ, be our light ...**

Many the gifts, many the people,  
many the hearts that yearn to belong.  
Let us be servants to one another,  
making your kingdom come.  
**Christ, be our light ...**

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Ash Wednesday services  
17<sup>th</sup> February - 10am & 7.30pm

*From Your Vicar*

**In touching Simon's mother-in-law** and then allowing her to serve him, Jesus is breaking down traditional barriers. He brings wholeness and holiness to her by his presence. The Kingdom of God cannot tolerate prejudice and taboo, just as sickness and evil have no place in the Kingdom.

This text shows us a typical day for Jesus – the first of his ministry. He listens to the Word of God, then worships with his community; he relaxes in the home of a friend; he pursues his work of healing and preaching and, before dawn, he withdraws alone to develop his relationship with the Father through prayer. There is a wonderful pattern of balance here between prayer, work and rest.

When the disciples find him, they want him to return to Capernaum to the acclaim he is receiving. Instead, Jesus insists that the boundaries of the Kingdom be pushed out. The Kingdom of God must reach further and further. It is for this that he came! How is your balance? Perhaps you might consider joining one of the meditation or home groups this year?

Pax (peace)

Dianne

### **Men's breakfast**

**The Net will gather for our men's breakfast at 9am on Saturday, February 13. As the Airstream Café is still not open for Saturday breakfasts we will meet at Mocha Jo's, 87 Kingsway, Glen Waverley.** All men of the parish are welcome. Contact Michael Mosley if you would like further details.

### Lenten Study Program

Our Lenten Program commences Tuesday 16th February at 2pm, Friday 19th February at 10.30 am and Sunday 21st February at 11.30 am. The program is called, "A River Through the Desert - A Lenten Pilgrimage". It comes to us from St George's College Jerusalem.

It consists of 6 sessions for groups and individuals exploring the geography of the Holy Land following Jesus from Galilee to Golgotha. Each session will reflect on a theme e.g. the desert, the water well, the mountain, the sea, the road, and the garden.

Each session will include a 5 minute site film expanding each theme, some thought provoking material on the theme, questions for reflection or discussion, and also two online discussions with the Dean, live from Jerusalem. Sign up sheets in the Parish Centre or email parish office



## Three Things from Parish Council

- Good Response to call for Volunteers for Covid Clean
- OH&S Audit Passed Yearly checks on lights and power points completed
- In place of a Fete it is proposed to hold a Car Boot Sale in October

## LENTEN QUIET DAY

Time out to journey towards the Cross



***Saturday 6<sup>th</sup> March***

10.00 am – 3.00 pm

*Morning/Afternoon Tea provided*

**BYO Lunch**

**At St Stephen and St Mary 383 High Street Road Mt Waverley 3149**

**PLEASE SIGN THE LIST in the Parish Centre on the Noticeboard**

**OR**

**Email Val Dyke**

### Afternoon Meditation Gatherings

1st Wednesday of the month at 2.30pm in the Chapel, based on Ignatian Spirituality. A Sacred Space where you can find rest and stillness, listen and centre yourself. Spiritual food is offered to aid reflection and meditation. Contact Val Dyke. Next session will be on 3rd February 2021.

### Evening Meditation Gatherings

Continues to meet on the second and fourth Thursdays of the month and the first meditation session for 2021 will be on Zoom at 7.30pm on Thursday, 11 February. Zoom links will be forwarded to members or enquiries can be directed to Michael Mosley The following session will be on Thursday 25 at 7.30pm and details of how we gather for that meeting will be confirmed later.

# Dates to put in your diary ...

## Sunday Fifth Sunday after Epiphany

- February 7, 2021

8.00 am Holy Communion  
10.00 am Eucharist with Kids Church

Monday 8

4.00 - 8.45 pm Karen Margaret Dance

Tuesday 9

Wednesday 10

10.30 am mainly music

6.30 - 9.30 pm Kiwanis (Old Church)

Thursday 11

10.00 am Thursday Eucharist

6.30 - 7.30 pm Karate (Parish Centre)

Friday 12

2.00 pm Wedding (Old Church)

Saturday 13

3.00 - 10.00 pm Chinese Church (Ch/PC/OC)

Sunday 14

8.00 am Holy Communion

10.00 am Eucharist with Kids Church

3.00 - 8.00 pm TCCV

### Galahkookemu

We are a group who seek to follow the Benedictine way in modern life, meeting monthly on the final Wednesday at 7pm. Contact Christine Mallouhi



## Next week: Last Sunday after Epiphany /

Transfiguration

- February 14, 2020

### Readings:

2 Corinthians 4.3-12

Mark 9.2-9

### Server:

8 am Doug Hastings

### Welcomers:

8 am Shanti Lieversz

Celia Gant

10 am Suga & Arunthy Blanchard

### Readers:

8 am Nathan Kelly

10 am John Leaver

Christine Mallouhi

### Intercessor:

10 am Graeme Dellora

mainly music continues to engage with young families. You are always welcome to come along and see what we do on Wednesdays 10.30am - 12 noon, Old Church, during school term.



Tamil Christian Church services

2nd and 4th Sunday from 3pm

Joyriver Chinese Church

Saturdays from 3pm

# The Anglican Parish of St Stephen & St Mary Mount Waverley

**383-385 High Street Road, Mt Waverley, 3149. Phone: 9807 3168**

**Office hours:** Tuesday, Thursday & Friday: 9.30am - 2.30pm

Email: [parishoffice@stephenandmary.org.au](mailto:parishoffice@stephenandmary.org.au) Website: [www.stephenandmary.org.au](http://www.stephenandmary.org.au)

'Like' us on Facebook: [www.facebook.com/stephenandmary.mtwaverley](http://www.facebook.com/stephenandmary.mtwaverley)

## **Priest**

(Day off - Monday)

The Venerable Dianne Sharrock

## **Assistant Curate**

(Tues, Wed & Thurs mornings, Fri, Sun)

The Revd Greg Wong

## **Children's and Families' Minister**

Lisa Eames

(Tues 10.00 am - 3.00 pm, Wed 9.30 am - 2.30 pm, Sun 10.30 am - 12.30 pm)

## **Child Safety Compliance Officer**

Elaine Fasken

## **Covid19 Compliance Officer**

Sugan Blanchard

## **Music Director**

Brian Copple

## **Treasurer**

Helen Warren

## **Office Manager**

Katherine Rushby

## **Churchwardens:**

Graeme Dellora

John Foster

Sue Retschko

## **Parish Council:**

Sugan Blanchard, David Bruce, Margaret Crawford, Rowena Ferguson, Judith Gibson, Jennifer Gracie, Nathan Kelly, Sherredan Maher, Helen Warren, Joan West

## **Pastoral Care Ministry:**

*Hospital Visiting:*

Clergy

*Funeral Ministry:*

The Vicar

*Contemporary Eucharist Contact:*

Rowena Ferguson

**Spiritual Directors:** Cath Connelly  
Val Dyke

**Prayer Chain contact** Margaret Syfret

**SERVICES:** Sunday 8.00 & 10.00 am  
Thursday 10.00 am