



First Sunday in Lent - Farewell to Rev'd Greg Wong

March 6, 2022

Lenten 'Spring-Clean'

"The word 'Lent' itself comes from the old English word for 'spring'. It's not about feeling gloomy for forty days;

it's not about making yourself miserable for forty days;

it's not even about giving things up for forty days.

Lent is springtime.

It's preparing for that great climax of springtime which is Easter – new life bursting through death.

And as we prepare ourselves for Easter during these days,

by prayer and by self-denial,

what motivates us and what fills the horizon

is not self-denial as an end in itself

but trying to sweep and clean the room of our own minds and hearts so that the new life really may have room to come in and take over and transform us at **Easter.**"

Rowan Williams

ACKNOWLEDGEMENT OF COUNTRY

We acknowledge the traditional custodians of the land on which we meet, the people of the Kulin nation, and pay our respects to Elders past, present and emerging.

This parish is committed to Child Safety and complies with Diocesan and State requirements. This is a shared responsibility of staff and parish. Please see the back of pew leaflet for contact details.

LENT

Lent, the season of Paschal preparation is upon us. Traditionally it is a time when converts are prepared for baptism and when the baptised seek reconciliation through prayer, fasting and self denial and by almsgiving.

Lent is like a retreat. Throughout the year the church is directed out to the world, during the 40 days of Lent we pull back for reflection, self examination and repentance in preparation for the great Easter celebration and the renewing of our baptismal vows.

We begin our season on Shrove Tuesday - often called “Pancake Tuesday” because it is now that we use up all our eggs and butter prior to the Lenten fast. On this day we light our Paschal Candle for the last time using its flame to ignite last year’s palm crosses with which we make the Ashes for Ash Wednesday. Lent is a Penitential season and its colour is purple. Ash Wednesday sees the church draped with purple, the veil being a strong image of exile, sorrow and sin. Purple vestments are worn throughout the season.

Ash Wednesday is a day of lamentation, and as we move forward for the imposition of Ashes we are reminded that we are dust and to dust we shall return.

A bowl of Ashes covers the font and the absence of Holy Water provides an image of the desert, of our journey from Ash Wednesday through to Easter.

We emphasise some things by their absence. The Paschal Candle is removed to be brought back only for funerals. We use clay vessels for communion instead of gold and plain wooden candlesticks and alms dish in place of the more ornate brass.

We have no flowers during Lent as these are signs of festivity and celebration and our music is more subdued and no Gloria is sung.

All these simplifications are outward and visible signs of the season which can create in us a holy hunger for things to be set right, in ourselves, our church and our world.

JESUS' THREE PREDICTIONS OF HIS DEATH

Bishop Paul Barker's Lenten Talks 2022

1. The Cross and True Life (Mark 8:27-38)
2. The Cross and True Greatness (Mark 9:30-37)
3. The Cross and True Glory (Mark 10:32-45)

Sundays at 6pm
March 27, April 3, 10
at
St Thomas' Burwood

Wednesdays at 7 .30pm
March 30, April 6, 13
at St Paul's Frankston

All Welcome





“This first week of Lent our theme is Food. Food production and consumption is a key consideration for us all as stewards of Creation. Mass deforestation and the large carbon footprint of meat and dairy production has an enormous impact on our planet. Eating less meat and more plants is a key challenge for this week.

Need help getting started? Here are some ideas and actions for you to consider. Thanks to Green Anglicans South Africa for many of these resources greenanglicans.org

Week 1– Food

Sunday 6 March	Monday 7 March	Tuesday 8 March	Wednesday 9 March	Thursday 10 March	Friday 11 March	Saturday 12 March
Plan to prayerfully eat less meat this week.	Meatless Monday Prepare your meals tonight using plant based ingredients - vegetables, legumes, grains and fruit.	Start Composting! Food waste is over-represented in landfill, where it rots and creates methane, a potent greenhouse gas	Buy Local. Find local places to purchase fruit and veggies. Remember to bring your net bags when you shop.	Reduce your food waste. Buy only the food you need. Eat or share all the food you buy.	Sharing is caring. Bring something plant based to Church for the Alms Baskets and/or bring surplus fruit, veggies and herbs from your garden to share.	Start your own veggie patch. Simple plants like tomatoes, squash, basil and rosemary are a good start

FIVE LEAF ECO AWARD



TIP FOR THIS WEEK

Did you know LED light bulbs are up to four times as efficient as incandescent bulbs. Replacing one incandescent light bulb with one LED light bulb can save 70 kg of carbon dioxide per year. LEDs produce the same amount of light, use one-third of the electricity and last up to 10 times as long.

Keep watching the pewsheets and Facebook for updates!

“THE NET”

The Net will gather for our men's breakfast at 9am this coming Saturday, March 12 at 57 Café, 57 Centreway, Pinewood Shopping Centre. This is where we met last December for breakfast. All men of the parish are welcome. Contact Michael Mosley

Ladies Guild

Advance Notice

Opportunity Shop Week

The Ladies Guild will be operating the Lions Club Shop in Wadham Parade, Mt Waverley from Monday 2nd May to Friday 6th May.

Could you please put aside any saleable items for delivery to the shop on Tuesday 26th April.

Janice Miller

Now that we are back in church we need more people for our rosters. We particularly need welcomers at both the 8am and 10am services. If you are interested in volunteering for any of the other rosters please let me know. We are happy to provide training and advice about the tasks involved.

Joan West



Mother's Union Lady Day Service

Sunday, March 27, 4pm

Choral Eucharist at St. Paul's Cathedral

Celebrant Bishop Genieve



Join the first gathering of Mothers' Union members since the Covid 19 pandemic began.
Transport by car or train.

Next MU Meeting on Monday March 28 at 1-30pm: Prayer Shawl Ministry
In the Parish Centre .

Mothers' Union invites members of the parish and their friends to a workshop on *Prayer Shawl Ministry*. This was a previous ministry in the parish, now being sponsored by **Mothers' Union and led by Annemarie Davies.** **If you can knit or crochet or pray you are invited to join us in the Parish Centre. Afternoon tea to follow.**

Lenten Studies have started!

This year we will be using a program from Garratt Publications called 'Restoring freshness in the time of Lent.' It has been prepared by Revd Michael Elligate from the Archdiocese of Melbourne (Catholic). This study, he says, is designed to refresh and renew us in the time of Lent by particularly using the Psalms and Gospel. This is a 6 week course and the book costs \$10. **If you would like to join a group, and haven't yet signed up, please speak to Rev'd Andrea today**

Tuesday evenings - via zoom - led by Revd Andrea - 7.30 pm (zoom)

Wednesday afternoons - led by Ven Dianne Sharrock - 2.00 pm in the Old Church

Friday mornings - led by Revd Andrea - 10 am in the Old Church.

Dates to put in your diary ...

Sunday March 6, 2022- First Sunday in Lent /

Farewell Rev'd Greg Wong

9.30am Joint Service

Monday 7

1.00pm Computer Course

4.00 - 8.45pm Karen Margaret Dance

Tuesday 8

7.30pm Lenten Study (Zoom)

Wednesday 9

2.00pm Lenten Study (Old Church)

Thursday 10

10.00am Thursday Eucharist

Friday 11

10.00am Lenten Study (Old Church)

Saturday 12

Sunday 13

8.00 am Holy Communion

10.00 am Parish Eucharist

Next Sunday - Second Sunday in Lent

- March 13, 2022

8.00am Holy Communion

Server Joanne Burns

Welcomers Celia Gant
David Sharrock

Reader Janice Miller
Genesis 15:1-12, 17-18

Gospel Luke 13:1-9
(Clergy)

10am Parish Eucharist
Welcomers Helen Warren
Tony Watts

Reader **Eleanor U'Ren**
Genesis 15:1-12, 17-18

Gospel Luke 13:1-9
(Clergy)

Intercessor Michael Mosley

The Thursday Evening Meditation Group
We continue to meet on Zoom on the second and fourth Thursday evenings of the month at 7.30pm. Our next session will be on Thursday, March 10, followed by Thursday, March 24. Zoom links are emailed to members prior to the sessions. Enquiries can be directed to Michael Mosley

Tamil Christian Church services
2nd and 4th Sunday from 3pm

Joyriver Chinese Church
Sundays, 3 - 9pm

The Anglican Parish of St Stephen & St Mary Mount Waverley

383-385 High Street Road, Mt Waverley, 3149. Phone: 9807 3168

Office hours: Tuesday, Thursday & Friday: 9.30am - 2.30pm

Email: parishoffice@stephenandmary.org.au Website: www.stephenandmary.org.au

'Like' us on Facebook: www.facebook.com/stephenandmary.mtwaverley

Priest

(Day off - Monday)

The Venerable Dianne Sharrock

Assistant Curates

(Tues, Thurs, Fri)

The Revd Greg Wong

(Tues, Wed, Thurs, Fri, Sun)

The Revd Andrea Nagy

Children's and Families' Minister

Lisa Eames

(Tues 10.00 am - 12.00 pm, Sun 9.30 am - 11.30 pm)

Child Safety Compliance Officer

Elaine Fasken

Covid19 Compliance Officer

Sugan Blanchard

Music Director

Brian Copple

Treasurer

Helen Warren

Office Manager

Churchwardens:

Katherine Rushby

Sugan Blanchard

Graeme Dellora

Sue Retschko

Parish Council:

Sugan Blanchard, David Bruce, Graeme Dellora, Judith Gibson,
Sally Hibbert, John Leaver, Sue Retschko, Helen Warren, Joan West

Pastoral Care Ministry:

Hospital Visiting:

Clergy

Funeral Ministry:

The Vicar

Spiritual Directors:

Cath Connelly

Val Dyke

Prayer Chain contact

Margaret Syfret

SERVICES: Sunday 8.00 & 10.00 am Thursday 10.00 am