

THE ANGLICAN PARISH OF ST STEPHEN AND ST MARY

MOUNT WAVERLEY

WELCOME



Third Sunday in Lent

12 March 2023

### **Upcoming Services**

**Sun 26<sup>th</sup> March - Healing Service - 5 pm**

**Sun 2<sup>nd</sup> April - Palm Sunday - Joint Service 9.30am**

**Thurs 6<sup>th</sup> April - Maundy Thursday - 7.30pm**

**Fri 7<sup>th</sup> April - Good Friday - 9.30am**

**Sat 8<sup>th</sup> April - Easter Vigil - 7.30pm**

**Sun 9<sup>th</sup> April - Easter Day - Joint Service - 9.30am**

In our Parish all are welcome, all are accepted, all are valued and all are respected.

#### ACKNOWLEDGEMENT OF COUNTRY

We acknowledge the traditional custodians of the land on which we meet, the people of the Kulin nation, and pay our respects to Elders past, present and emerging.

This parish is committed to Child Safety and complies with Diocesan and State requirements. This is a shared responsibility of staff and parish. Please see the back of pew leaflet for contact details.

**“Do your little bit of good where you are; it’s those little bits of good put together that overwhelm the world”**

**Archbishop Desmond Tutu**

This third week of Lent our theme is Energy. We recognise that this Lent we are all on our individual journeys, but as we perform our ‘little’ actions together we can have a bigger impact. Reducing energy use in our homes and making greater use of renewable energy benefits the environment and conserves precious natural resources.

Need help getting started? Here are some ideas and actions for you to consider.

Thanks to Green Anglicans South Africa for some of these resources [greenanglicans.org](http://greenanglicans.org)



**Week 2- Energy**

<b>Sunday 12 March</b>	<b>Monday 13 March</b>	<b>Tuesday 14 March</b>	<b>Wednesday 15 March</b>	<b>Thursday 16 March</b>	<b>Friday 17 March</b>	<b>Saturday 18 March</b>
<p><b>Think carefully about how your energy use affects the environment</b></p>	<p><b>Switch it off</b></p> <p>Turn off the switch when you are not using an appliance or lighting. Even appliances in standby mode are consuming electricity.</p>	<p><b>The more the merrier</b></p> <p>Carpool whenever possible. Choose to use public transport or walk when practicable</p>	<p><b>Power it down</b></p> <p>Your clothes dryer is a major user of electricity.</p> <p>Use a clothesline or drying rack whenever possible. Only use the dryer as a last resort.</p>	<p><b>Check the stars</b></p> <p>When buying a new appliance make sure you check the energy efficiency stars. The more stars the better.</p>	<p><b>Make heating and colling more efficient</b></p> <p>Closing curtains and doors when using heating and air-conditioning will significantly reduce the amount of power needed to reach your desired temperature.</p>	<p><b>Make use of Government Incentives and Rebates</b> to reduce your energy use. Check out <a href="http://energyvic.gov.au">energyvic.gov.au</a></p> <p>You have until March 23 to apply for the current \$250 bonus. From March 24 all households will be eligible for another \$250 bonus.</p>

Social Justice and Mission Group Lent 2023

**Working Bee**

<b>Can you spare just one hour?</b>	<b>between 9am and 1pm on Sat 25<sup>th</sup> March</b>	
<b>We want to “spruce up” the Church and Parish Centre for EASTER</b>		<b>Please put your name against any job listed on the notice board</b>
	<b>Please bring whatever cleaning things you will need to complete your job</b>	<b>THANK YOU!</b> <b>(The Wardens)</b>

**GARDENING GROUP**

Next Saturday 18<sup>th</sup> March, the Garden Group will convene to spruce up the church grounds for Easter. 9.30am onwards. New members most welcome. Enquiries : Maggie and Graeme Dellora 9807 1815



**Prayer Shawl Ministry Meeting**

All knitters (of all levels) most welcome to join in.  
Tuesday 14<sup>th</sup> March at 11.00 am

# Dates to put in your diary ...

Sunday March 12, 2023

- Third Sunday in Lent

8.30 am Holy Communion

10.00 am Parish Eucharist

11.30 am - 3.30 pm Cedar Church

3.30 - 8.00 pm TCCV

Monday 13

4.00 - 8.45 pm Karen Margaret Dance

Tuesday 14

11.00 am Prayer Shawl meeting

7.30 pm Lenten Study (zoom)

Wednesday 15

1.30 pm Lenten Study

7.30 pm Parish Council

Thursday 16

10.00 am Eucharist with brunch

Friday 17

10.00 am Lenten Study (Old Church)

Saturday 18

9.00 am - 1.00 pm Garden Group

2.30 - 4.30 pm Tamil Church Choir (Church)

Sunday 19

8.30 am Holy Communion

10.00 am Parish Eucharist

11.30 am - 4.00 pm Cedar Church

Next Sunday - Fourth Sunday in Lent

- March 19, 2023

8.30 am Holy Communion

Welcomers

Celia Gant

Katherine Rushby

Reader

Janice Miller

Server

Brett Gaffney

10.00 am

Parish Eucharist

Welcomers

Graeme Dellora

Maggie Dellora

Readers

Elaine Fasken

Sue Retschko

Intercessor

Michael Mosley

Morning Tea

Elaine Fasken

Glenda Biddle

## **Next Sunday's Readings:**

1 Samuel 16.1-13

Ps 23

Ephesians 5.8-14

John 9.1-41

## Junior Youth Group

Our next Junior Youth family event is on  
Saturday 1st April @ 4.00 pm.

## **Mothers' Union Meeting Monday 27 March**

1.30pm in the Parish Centre. All Welcome.

## Afternoon Meditation Gatherings

1st Wednesday of the month at  
2.00pm in the Chapel, based on Ignatian  
Spirituality. A Sacred Space where you can find  
rest and stillness, listen and centre yourself.  
Spiritual food is offered to aid reflection and  
meditation. Contact Val Dyke. Next session will  
be on 12th April 2023.

## The Thursday Evening Meditation Group

We continue to meet on Zoom on the second  
and fourth Thursday evenings of the month at  
7.30pm. Our next session will be on Thursday  
March 23 2023 followed by Thursday, April 13.  
Zoom links are emailed to members prior to the  
sessions. Enquiries can be directed to Michael  
Mosley.

# The Anglican Parish of St Stephen & St Mary Mount Waverley

383-385 High Street Road, Mt Waverley, 3149. Phone: 9807 3168

Office hours: Tuesday, Thursday & Friday: 9.30am - 2.30pm

Email: [parishoffice@stephenandmary.org.au](mailto:parishoffice@stephenandmary.org.au) Website: [www.stephenandmary.org.au](http://www.stephenandmary.org.au)

'Like' us on Facebook: [www.facebook.com/stephenandmary.mtwaverley](http://www.facebook.com/stephenandmary.mtwaverley)

<b>Priest</b> (Day off - Monday)	The Venerable Dianne Sharrock
<b>Assistant Curate</b> (Days off - Monday & Saturday)	The Revd Andrea Nagy
<b>Assistant Curate</b> (Sundays only)	The Revd Candice Mitrousis
<b>Children's and Families' Minister</b> (Tues 10.00am - 12.00pm, Sun 9.30am - 11.30pm)	Lisa Eames
<b>Safe Ministry Compliance Officer</b>	Elaine Fasken
<b>Child Safety Officer</b>	Lisa Eames/Elaine Fasken
<b>Covid19 Compliance Officer</b>	Sugan Blanchard
<b>Music Director</b>	Brian Copple
<b>Treasurer</b>	Helen Warren
<b>Office Administrator</b>	Katherine Rushby
<b>Churchwardens:</b>	Sugan Blanchard Graeme Dellora Sue Retschko
<b>Parish Council:</b>	Sugan Blanchard, Graeme Dellora, Judith Gibson, Sally Hibbert, John Leaver, Sue Retschko, Fiona Sawyer, Helen Warren, Joan West
<b>Pastoral Care Ministry:</b>	
<i>Hospital Visiting:</i>	Clergy
<i>Funeral Ministry:</i>	The Vicar
<b>Spiritual Directors:</b>	Cath Connelly Val Dyke
<b>Prayer Chain contact</b>	Margaret Syfret
<b>SERVICES:</b>	<b>Sunday 8.30 &amp; 10.00 am      Thursday 10.00 am</b>