

THE ANGLICAN PARISH OF ST STEPHEN AND ST MARY

MOUNT WAVERLEY

WELCOME

**Fifth Sunday in Lent**

**26 March 2023**



### **Upcoming Services**

**Sun 26<sup>th</sup> March - Healing Service - 5.00pm**

**Sun 2<sup>nd</sup> April - Palm Sunday - Joint Service 9.30am**

**Weds 5<sup>th</sup> April - Eucharist - 10.00am**

**Thurs 6<sup>th</sup> April - Maundy Thursday - 10.00am & 7.30pm**

**Fri 7<sup>th</sup> April - Good Friday - 9.30am**

**Sat 8<sup>th</sup> April - Easter Vigil - 7.30pm**

**Sun 9<sup>th</sup> April - Easter Day - Joint Service - 9.30am**

In our Parish all are welcome, all are accepted, all are valued and all are respected.

#### ACKNOWLEDGEMENT OF COUNTRY

We acknowledge the traditional custodians of the land on which we meet, the people of the Kulin nation, and pay our respects to Elders past, present and emerging.

This parish is committed to Child Safety and complies with Diocesan and State requirements. This is a shared responsibility of staff and parish. Please see the back of pew leaflet for contact details.

**“Do your little bit of good where you are; it’s those little bits of good put together that overwhelm the world”**

**Archbishop Desmond Tutu**

This fifth week of Lent our theme is Waste. We recognise that this Lent we are all on our individual journeys, but as we perform our ‘little’ actions together we can have a bigger impact. Reducing the amount of waste we send to landfill can have a positive impact on the planet we leave for future generations.

Need help getting started? Here are some ideas and actions for you to consider.



**Week 5- Waste**

<b>Sunday March 26</b>	<b>Monday March 27</b>	<b>Tuesday March 28</b>	<b>Wednes- day March 29</b>	<b>Thursday March 30</b>	<b>Friday March 31</b>	<b>Saturday March 1</b>
<b>Make an audit of how much waste you generate this week and think carefully how this can be reduced.</b>	<b>Soup it up!</b> Don't bin or compost those tired looking vegetables and herbs. Make a vegetable slice or hearty vegetable soup and freeze portions for later use.	<b>Can you mend it?</b> Can that hole in your sock be darned? Will a coat of paint cover a few scratches? Why not visit the bootmaker to have heels and soles replaced instead of buying new shoes?	<b>Bring your own bag</b> Green bags are not just for the super-market. Make sure you carry one (or two) with you whenever you go shopping.	<b>Do you really need a paper copy?</b> Consider the need to print everything. If you do, print both sides, print on the back of pages you no longer need.	<b>Op-shop readiness</b> Time to start checking your wardrobe and cupboards and collecting items to take to the Op-Shop.	<b>Prepare for Palm Sunday</b> If you have a palm put a palm branch on your door. If not use a fern leaf or other branch from your garden or that of a friend.

Social Justice and Mission Group Lent 2023

**The Way of the Cross - Good Friday - 7 April 2023**

Commencing at Mount Waverley Uniting Church 37 Virginia St Mount Waverley at 11.15am.

The route will be along Park Lane to Sherwood Park. Stations will be visited around the park and surrounding areas before a return to St John's.



# Dates to put in your diary ...

Sunday March 26, 2023

- Fifth Sunday in Lent

8.30 am Holy Communion

10.00 am Parish Eucharist

11.30 am - 3.30 pm Cedar Church

3.00 pm - 8.00 pm Tamil Church

5.00 pm Healing Service

Monday 27

1.30 - 4.00 pm **Mothers' Union**

4.00 - 8.45 pm Karen Margaret Dance

Tuesday 28

7.30 pm Lenten Study (zoom)

Wednesday 29

1.30 pm Lenten Study

Thursday 30

10.00 am Eucharist

7.30 pm Choir

Friday 31

10.00 am Lenten Study (Old Church)

Saturday 1

2.30 - 4.30 pm Tamil Church Choir (Church)

4.00 - 6.00 pm Junior Youth (Old Church)

Sunday 2

9.30 am Joint Palm Sunday Service

11.30 am - 4.00 pm Cedar Church

5.30 - 8.00 pm Young Adults (Old Church)

Next Sunday - Palm Sunday

- April 2, 2023

9.30 am Joint Service

Welcomers Nima Flora  
Judith Gibson

Readers Irene Donohue Clyne  
John Leaver

Intercessor Joan West

Morning Tea Maggie Dellora  
Graeme Dellora

## **Next Sunday's Readings:**

Isaiah 50.4 - 9a

Ps 31.9 - 18

Philippians 2.5 - 11

Matthew 27.11 - 66

## **Mothers' Union Meeting Monday 27 March**

1.30pm in the Parish Centre. All Welcome.

## Junior Youth Group

Our next Junior Youth family event is on  
Saturday 1st April @ 4.00 pm.

## Young Adults Group

Young Adults Group will be held on  
Sunday 2nd April at 6pm.  
Suitable for those over 18 yrs.

## The Thursday Evening Meditation Group

We continue to meet on Zoom on the second and fourth Thursday evenings of the month at 7.30pm. Our next session will be on Thursday April 13 2023 followed by Thursday, April 27. Zoom links are emailed to members prior to the sessions. Enquiries can be directed to Michael Mosley.

## Afternoon Meditation Gatherings

A Sacred Space where you can find rest and stillness, listen and centre yourself. Spiritual food is offered to aid reflection and meditation. Contact Val Dyke. Next session will be on 12th April 2023 at 2pm.

# The Anglican Parish of St Stephen & St Mary Mount Waverley

383-385 High Street Road, Mt Waverley, 3149. Phone: 9807 3168

Office hours: Tuesday, Thursday & Friday: 9.30am - 2.30pm

Email: [parishoffice@stephenandmary.org.au](mailto:parishoffice@stephenandmary.org.au) Website: [www.stephenandmary.org.au](http://www.stephenandmary.org.au)

'Like' us on Facebook: [www.facebook.com/stephenandmary.mtwaverley](http://www.facebook.com/stephenandmary.mtwaverley)

<b>Priest</b> (Day off - Monday)	The Venerable Dianne Sharrock
<b>Assistant Curate</b> (Days off - Monday & Saturday)	The Revd Andrea Nagy
<b>Assistant Curate</b> (Sundays only)	The Revd Candice Mitrousis
<b>Children's and Families' Minister</b> (Tues 10.00am - 12.00pm, Sun 9.30am - 11.30pm)	Lisa Eames
<b>Safe Ministry Compliance Officer</b>	Elaine Fasken
<b>Child Safety Officer</b>	Lisa Eames/Elaine Fasken
<b>Covid19 Compliance Officer</b>	Sugan Blanchard
<b>Music Director</b>	Brian Copple
<b>Treasurer</b>	Helen Warren
<b>Office Administrator</b>	Katherine Rushby
<b>Churchwardens:</b>	Sugan Blanchard Graeme Dellora Sue Retschko
<b>Parish Council:</b>	Sugan Blanchard, Graeme Dellora, Judith Gibson, Sally Hibbert, John Leaver, Sue Retschko, Fiona Sawyer, Helen Warren, Joan West
<b>Pastoral Care Ministry:</b>	
<i>Hospital Visiting:</i>	Clergy
<i>Funeral Ministry:</i>	The Vicar
<b>Spiritual Directors:</b>	Cath Connelly Val Dyke
<b>Prayer Chain contact</b>	Margaret Syfret
<b>SERVICES:</b>	<b>Sunday 8.30 &amp; 10.00 am      Thursday 10.00 am</b>